

**UPBRAID HEADBAND** – A head-hugging cabled headband that flies off your needles

### Sizes

Child/Youth: 18 inches/45cm, Woman: 20 inches/50cm, Man: 22 inches/55cm

### Yarn

Paton's Alpaca Blend, chunky (60% Acrylic / 22% Wool / 10% Nylon / 8% Alpaca, 155 yds/142 m; 3.5oz/100g); 1 skein Birch (light taupe)

### Needles

US Size 8 (5mm) straight needles or size needed to obtain gauge

### Notions

Tapestry needle

### Gauge

18 sts and 22 rows = 4"/10cm main pattern st

### Notes

Headband is worked flat, then ends are sewn together. A chart is provided for those preferring to work from a chart. For best fit, work first and last 3 sts of each row more tightly.



### Abbreviations

3/3 LC slip next 3 sts to cn and hold to back, knit next 3 sts, then knit 3 sts from cn.  
3/3 RC slip next 3 sts to cn and hold to front, knit next 3 sts, then knit 3 sts from cn.  
BO Bind Off  
CO Cast On

Cn Cable needle  
K Knit  
P Purl  
Rep Repeat  
RS Right Side  
St(s) Stitch(es)  
WS Wrong Side

### Instructions

CO 19 sts.

**Row 1 (RS):** K3, p2, k9, p2, k3.

**Row 2 (WS):** P3, k2, p9, k2, p3.

**Row 3:** P5, 3/3 LC, k3, p5.

**Row 4:** K5, p9, k5.

**Row 5:** Rep row 1.

**Row 6:** Rep row 2.

**Row 7:** P5, k9, p5.

**Row 8:** Rep row 4.

**Row 9:** K3, p2, k3, 3/3 RC, p2, k3.



**Row 10:** Rep row 2.

**Row 12:** Rep row 4.

**Row 11:** Rep row 7.

Rep [Rows 1 – 12] 8 (8, 9) times or until headband measures approximately 18 (20, 22) inches/45 (50, 55) cm.

Woman (20") size only: Work [Rows 1 – 6] once.

BO loosely. Cut yarn, leaving a 20"/50cm tail.

### Finishing

Using mattress st and BO tail, sew CO and BO ends together. Weave in ends. Block to measurements. If the headband is too loose, place in dryer with a wet towel and dry with heat, checking fit every 5 minutes.

### Chart

